

Caregivers of the Elderly Support Group



Orange County Office for the Aging
2019 Support Group Meeting Schedule
6 PM – 7:30 PM 2nd Monday of each month
Braemar at Walkill Assisted Living Facility
21 Riverside Drive, Middletown NY 10941

January 14
February 11
March 11
April 8

May 13
June 10
July 8
August 12

September 9
*October 21
*November 18
December 9

***Meeting held later due to holiday**

Caregivers of the Elderly Support Group is open to all friends and families caring for their elderly loved ones, regardless of the medical condition or type of disease the older care receiver may have. This support group combines both an educational and problem solving component. Guest speakers and written materials on topics selected by the group make up half of the period. The second half will be a time to share experiences, feelings and problem solving.

Caregivers have the opportunity to meet other members in the community who are experiencing the same emotions and situations individuals face when caring for a parent, spouse or loved one. Support group members feel comforted knowing that they are not alone when facing the challenges in caring for an older loved one. The support and friendship of fellow members help a great deal during difficult times. Sharing with others who are in a similar situation can help and give new ideas for coping. Talking with other caregivers helps with handling uncertainty and crisis, and allows the sharing of joy, frustrations, fears and feelings. Support groups provide a forum to view different responses to a variety of caregiving issues, and the opportunity for conversation about common issues that families often avoid talking about. Discussing the stresses involved with caregiving in a neutral and supportive setting helps to provide relief to caregivers.



Steven M. Neuhaus
County Executive

AnnMarie Maglione
Director Office for the Aging



Colleen Hamel, Caregiver Coordinator
Orange County Office for the Aging
Caregiver Resource Center
Phone: (845) 615-3733
E-mail: CHamel@orangecountygov.com