

# Trauma Institute

## Meeting Minutes

**Date:** January 8, 2019 **Time:** 11:30-12:30 **Location:** RSS, Goshen

### Attendees:

Rebekah Feliciano, RSS

Kristen Fortuna, RSS

Lyndsay Brischoux

Warren Skov, Private Practice

Leila Clark, NYS OMH

Bill Gamble, MHEP

Nancy Delauro, SCCC

Sheena Carey, MHA

Beth A. Hoeffner, OCDOH

Following introductions, Kristen Fortuna distributed flyers for the 2 January trainings.

Kristen Fortuna provided a brief report out of the trainings to be scheduled, including Liz Lacy and Dr. Powell-Lunder. One idea was to use Jennifer Powell-Lunder at the Children's Mental Health Conference in May.

Kristen brought up the approval for the Foundations in Clinical Supervision 16-hour training and indicated that she would be working with the presenter, Nick Roes and the Welcome Orange Training Institute to schedule that training. Warren reviewed the levels of CASAC certification and the training requirements. For more information please visit: <https://www.oasas.ny.gov/sqa/credentialing/casacprocess.cfm>

Sheena Carey explained that one could take the 14-hour online Clinical Supervision Foundations course for free. This training may be accessed by going to: <https://www.oasas.ny.gov/workforce/training/FreeLDO.cfm>

The committee discussed the pros and cons of venues within Orange County. Participants suggested exploring Anthony's Pier 9 and Falkirk in Central Valley. Kristen reviewed feedback from the 2018 conference in which participants noted that one full day training was long and suggested going back to a morning and afternoon workshop.

A potential training topic to explore included Intergenerational Trauma and Nancy Delauro suggested looking into Dr. Rachel Yehuda. Christine Laplante also stated that she would respond to Robin Gerry's request and put together a proposal.

Kristen shared the outcome of the viewing and discussion on the film *Resilience* and upcoming viewings, including Monday in Newburgh from 6:30-9:30 at Downing Theater.

Kristen brought up the opportunity to use meetings for case consultations, resource sharing, etc. Kristen asked for potential clinicians to refer a pregnant woman experiencing marital distress. Christine Laplante stated that she would be open to assessing the referral.

The committee revisited the idea of doing lunch and learn style meetings. All were in favor of half hour presentations/talks. The following schedule was created:

February: Understanding Self Injury with Bill Gamble

March: Juvenile Justice with Rebekah Feliciano

April: New Call Center Presentation with Sheena Carey

May: Don't Spread the Lead

June: Perinatal Mood and Anxiety Disorders with Kristen Fortuna

July: Summer break

August: Leila Clark will talk about her services through the Office of Mental Health

**Resources:**

Warren Skov discussed the VA website for training in CAPS, Clinician Administered PTSD Scale. This and other training resources may be found at:

<https://www.ptsd.va.gov/professional/assessment/adult-int/caps.asp>

The Bringing Agencies Together (BAT) meeting was brought up in which 30-40 agencies all get together to do 2 min presentations. RECAP organizes these meetings

**Suggested Readings:**

Kristen Fortuna discussed The Deepest Well: Healing the Long-Term Effects of Childhood Adversity by Nadine Burke Harris, MD

Beth Hoeffner discussed Evicted by Matthew Desmond, a book that looks at the cycle of poverty and its effects.

Leila Clark noted Waking the Tiger by Peter Levine

**Next Meeting Date:** Tuesday, February 5, 2019 at RSS in Goshen