

# Trauma Institute

## Meeting Minutes

**Date:** Feb 5, 2019 **Time:** 11:30-12:30 **Location:** RSS, Goshen

### Attendees:

Robin Gerry, OCDMH

Kristen Fortuna, RSS

Lyndsay Brischoux, HFMG

Fran Griffin

Bill Gamble, MHEP

Tammy Rhein, OCDMH

Sheena Carey, MHA

Following introductions, Kristen Fortuna distributed flyers for the upcoming trainings and events, including the March 11<sup>th</sup> Provider breakfast at the OCDMH, the Making Healthful Decisions Conference March 19<sup>th</sup>, and Liz Lacy's two April trainings.

Kristen Fortuna provided a brief report out of the trainings that have been scheduled, including Dr. Margaret Nichols for a full day on May 2<sup>nd</sup> on working with LGBTQ-IA youth.

Kristen presented a proposal from Lucy Barbera, PhD, LCAT, to do a full day training on ***Trauma-Informed Creative Arts Therapy for Mental Health Professionals***. All members endorsed the idea of having her come in Sept. Kristen will work to schedule the full day training.

Tammy Rhein discussed Narcan training.

A brief discussion was held to talk about Vicarious Trauma in the helping professions. ORMC will be collaborating with the Trauma Institute to offer a training at their site on May 29<sup>th</sup>.

Bill Gamble facilitated a discussion on self-injury and invited participants to distinguish it from self-harm. The following presenters and topics are upcoming:

March: Juvenile Justice with Rebekah Feliciano

April: New Call Center Presentation with Sheena Carey

May: Don't Spread the Lead

June: Perinatal Mood and Anxiety Disorders with Kristen Fortuna

July: Summer break: NO MEETING/TALK

August: Leila Clark will talk about her services through the Office of Mental Health

**Next Meeting Date:** Tuesday, March 5<sup>th</sup> from 11:30-12:30 at RSS in Goshen.