



Orange County Community Supports Initiative

2019-2020 Training Calendar

Provided by the Orange County Department of Mental Health in Partnership with
 ACCESS: Supports for Living • Crystal Run Village • Greystone Programs • Inspire
 Mental Health Association in Orange County • The Arc of Sullivan-Orange Counties

Training Location: Orange County Department of Mental Health 30 Harriman Drive Goshen, NY

Registration Opens March 27th

To register go to www.bookeo.com/orangecountymentalhealth click Special Events

April 2019

Day	Date	Time	Hrs.	Course	Title
Wed	April 10 th	6:30 p.m.- 8:30 p.m.	2	Core 1A	Working in a Family's Home: Key Points You Need to Understand (staff only) Participants will gain an understanding of the diversity and complexities of families, parenting styles and values that can influence and impact the work; learn to identify behaviors and situations that present challenges e.g., boundaries, conflicts of interest, confidentiality, accepting gifts, etc.
Wed	April 24 th	6:30 p.m.- 8:30 p.m.	2	Core 1B	Supporting People Living in their Own Home-I Participants will learn about income/benefits and strategies for teaching maintenance of a clean, safe home; health and wellness; safety; being a good neighbor; working with family members; using checklists, schedules and more.

May 2019

Wed	May 8 th	6:30 p.m.- 8:30 p.m.	2	Core 2	Planning, Organizing and Delivering Your Professional Service (staff only) Participants will learn how to approach and structure sessions, develop schedules and activities to address needs and plan accordingly; the importance of self-care for mentors.
Sat	May 18 th	10:00 a.m.- 2:30 p.m. <i>Includes ½ hr. break</i> Note Time	4	Core 3	Principles of Shaping Behavior & Other Strategies for Effective Teaching Introduction to the learning process, assessment, identifying key areas of focus, tools and strategies for successful outcomes for children and adults with autism spectrum disorders and other developmental disabilities.
Sat	May 18 th	2:45 p.m.- 4:45 p.m. Note Time	2	Core 4	Principles of Shaping Behavior: Understanding, Preventing & Replacing Problem Behaviors Defining behavior, functions, when to intervene, replacement behaviors, antecedent and consequence strategies; the functional behavior assessment process and the role of direct support professionals; common data collection methods, etc.

June 2019

Wed	June 12 th	6:30 p.m.- 8:30 p.m.	2	Ongoing Training	Supporting People in their Own Home-II Identification of suspicious activity (including trafficking, gangs and drugs); safety in the neighborhood, teaching the difference about friendships vs. toxic relationships, avoiding victimization and eviction; Identity theft, special considerations for those parenting and more.
Sat	June 15 th	10:00 a.m.- 12:00 p.m.	2	Core 5A	Social Skill Building for Children 12 and Under with Autism and Other Developmental Disabilities Participants will learn strategies for teaching social skills, social communication and the "hidden curriculum/social rules". While most people learn through experience and observation; people with ASD need to be taught. If not, the consequences can lead to isolation, depression, bullying and more.
Sat	June 15 th	1:00 p.m.- 3:00 p.m.	2	Consult	Could I be Contributing to that Problem Behavior? Participants will explore the basics of reinforcement, how to apply schedules, the importance of consistency and simple strategies to approach and engage the individual.
Mon	June 17 th	6:30 p.m.- 8:30 p.m.	2	Core 6	Sensory Integration Issues for People with Autism Spectrum Disorders and Other Neurological Conditions Overview of common issues affecting the seven sensations, how to assess and plan for potential sensory stimulants that may be problematic in different environments

July 2019

Wed	July 10 th	6:30 p.m.- 8:30 p.m.	2	Core 7	Group Clinical Support Opportunity to discuss what is working, concerns and challenges, gain fresh perspective, get ideas, and learn from others
Sat	July 20 th	10:00 a.m.- 12:00 p.m.	2	Core 5B	Social Skill Building for Youth and Young Adults with Autism Spectrum Disorders and Other Developmental Disabilities Participants will learn strategies for teaching social skills, social communication and the "hidden curriculum/social rules". While most people learn through experience and observation; people with ASD need to be taught. If not, the consequences can lead to isolation, depression, bullying and more.
Sat	July 20 th	1:00 p.m.- 3:00 p.m.	2	Consult	Activity Ideas for Those with Limited or No Functional Communication Participants will be offered an array of ideas to give the child or adult positive sensory experiences to promote growth

August 2019

Wed	Aug 14 th	6:30 p.m.- 8:30 p.m.	2	Consult	It's OK to Say No Video games, personal electronics, television, talking back, interrupting, "I want" and "I need" etc. Participants will discuss the need to establish clear boundaries and discipline around those annoying and potentially harmful behaviors and strategies for teaching how to tolerate "No"
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September 2019

Day	Date	Time	Hrs.	Course	Title
Wed	Sept 11 th	6:30 p.m.- 8:30 p.m.	2	Core 1A	Working in a Family's Home: Key Points You Need to Understand (staff only) Participants will gain an understanding of the diversity and complexities of families, parenting styles and values that can influence and impact the work; learn to identify behaviors and situations that present challenges e.g., boundaries, conflicts of interest, confidentiality, accepting gifts, etc.
Sat	Sept 21 st	10:00 a.m.- 12:00 p.m.	2	Core 1B	Supporting People Living in their Own Home-I Participants will learn about income/benefits and strategies for teaching maintenance of a clean, safe home; health and wellness; safety; being a good neighbor; working with family members; using checklists, schedules and more.
Sat	Sept 21 st	1:00 p.m.- 3:00 p.m.	2	Ongoing Training	Tweens and Teens with Autism Spectrum Disorders and Other Developmental Disabilities Participants will identify and learn strategies to teach critical skills needed to optimize successful transition to adulthood and employment , gain an understanding of the health, social and emotional risks/concerns

October 2019

Wed	Oct 9 th	6:30 p.m.- 8:30 p.m.	2	Core 2	Planning, Organizing and Delivering Your Professional Service (staff only) Participants will learn how to approach and structure sessions, develop schedules and activities to address needs and plan accordingly, the importance of self- care for mentors.
Sat	Oct 19 th	10:00 a.m.- 2:30 p.m. <i>Includes ½ hr. break</i> Note Time	4	Core 3	Principles of Shaping Behavior & Other Strategies for Effective Teaching Introduction to the learning process, assessment, identifying key areas of focus, tools and strategies for successful outcomes for children and adults with autism spectrum disorders and other developmental disabilities.
Sat	Oct 19 th	2:45 p.m.- 4:45 p.m. Note Time	2	Core 4	Principles of Shaping Behavior: Understanding, Preventing & Replacing Problem Behaviors Defining behavior, functions, when to intervene, replacement behaviors, antecedent and consequence strategies; the functional behavior assessment process and the role of direct support professionals; common data collection methods, etc.

November 2019

Wed	Nov 6 th	6:30 p.m.- 8:30 p.m.	2	Consult	Family Dynamics (staff only) Participants will gain an understanding of the diversity and complexities of families, and how they interact with one another. Discussion will focus on strategies to address challenges when parent values and decisions differ from the youth or young adult's opinions and choices especially when guardianship is in place.
Wed	Nov 13 th	6:30 p.m.- 8:30 p.m.	2	Core 5A	Social Skill Building for Children 12 and Under with Autism and Other Developmental Disabilities Participants will learn strategies for teaching social skills, social communication and the "hidden curriculum/social rules" .While most people learn through experience and observation; people with ASD need to be taught. If not, the consequences can lead to isolation, depression, bullying and more.
Sat	Nov 16 th	10:00 a.m.- 12:00 p.m.	2	Consult	Walmart is not for Everyone- Planning Activities for Community Exposure, Skill Building, Integration and Generalization Participants will learn to identify and differentiate the purpose and desired outcome of a community activity and plan accordingly for success.
Sat	Nov 16 th	1:00 p.m.- 3:00 p.m.	2	Consult	Feeling Stuck? Participants will benefit from a free flowing exchange of ideas, resources and strategies that will offer a fresh perspective and help change things up. Mentors will also learn when to ask supervisors about transitioning to another opportunity

December 2019

Wed	Dec 11 th	6:30 p.m.- 8:30 p.m.	2	Core 6	Sensory Integration Issues for People with Autism Spectrum Disorders and Other Neurological Conditions Overview of common issues affecting the seven sensations, how to assess and plan for potential sensory stimulants that may be problematic in different environments
Sat	Dec 14 th	10:00 a.m.- 12:00 p.m.	2	Core 5B	Social Skill Building for Youth and Young Adults with Autism Spectrum Disorders and Other Developmental Disabilities Participants will learn strategies for teaching social skills, social communication and the "hidden curriculum/social rules" .While most people learn through experience and observation; people with ASD need to be taught. If not, the consequences can lead to isolation, depression, bullying and more.
Sat	Dec 14 th	1:00 p.m.- 3:00 p.m.	2	Ongoing Training	Basics of Finance Participants will learn strategies for teaching about the types of income, teaching strategies to address; needs vs. wants; simple budgeting and variations on the envelop system; credit and credit offers; and more

January 2020

Wed	Jan 8 th	6:30 p.m.- 8:30 p.m.	2	Core 1A	Working in a Family's Home: Key Points You Need to Understand (staff only) Participants will gain an understanding of the diversity and complexities of families, parenting styles and values that can influence and impact the work; learn to identify behaviors and situations that present challenges e.g., boundaries, conflicts of interest, confidentiality, accepting gifts, etc.
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February 2020

Wed	Feb 12 th	6:30 p.m.- 8:30 p.m.	2	Core 7	Group Clinical Support Opportunity to discuss what is working, concerns and challenges, gain fresh perspective, get ideas, and learn from others
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March 2020

Sat	Mar 14 th	1:00 p.m.- 5:00 p.m. Note Time	4	Ongoing Training	Strategies to De-Escalate in the Moment Identify the warning signs and learn simple things you can do to avoid a full meltdown.
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