



5K Run/Walk and Community Fun Day is setting up to be a huge success. The day will include a 5K Walk/Run, Kids Fun Run, and Community Fair. The event will be covered by local social and news media. This amazing community collaboration with grassroots groups including [Blacc Vanilla](#), [Shred](#), [We Are Newburgh](#), will not be possible without your support.

Keep It Moving is bringing together local organizations to help local young people with the ambitious goal of saving lives by curbing opioid addiction through engagement in sports, nature and the arts. Keep It Moving also provides Narcan Kits and training to anyone who needs them. In the past year we have equipped more than 1,300 people in Newburgh and the Greater Orange County area with this life saving tool. Keep It Moving strives to bring both life changing and life saving measures to those affected by opioid overdose.

100% of proceeds raised from this event will be used to help young people in the Newburgh area by subsidizing costs associated with healthful activities. Currently we are trying to raise funds to bring Wild Earth, an evidence-based, nature-centered program that cultivates character, confidence, passion, and grit in today's youth. . Our hope is that engaging our young people in these types of activities will give them focus and direction to lead them toward healthful and productive futures while preventing them from making dangerous, unhealthy choices.

Keep It Moving is part of the Community Foundation of Orange and Sullivan, Inc., a tax-exempt 501(c)(3) organization located at 30 Scott's Corners Drive, Suite 202, Montgomery, NY, 12549. Your donation is tax-deductible to the extent allowed by law. Thank you again for Keeping It Moving.

Lauren Mandel

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