



Orange County Community Supports Initiative

2020 -2021 Training Calendar

Provided by the Orange County Department of Mental Health in Partnership with
ACCESS: Supports for Living • Crystal Run Village • Greystone Programs • Inspire
Mental Health Association in Orange County • The Arc of Sullivan-Orange Counties

Training Location: Orange County Department of Mental Health 30 Harriman Drive Goshen, NY

Registration Opens January 14th

Given the uncertainty of COVID-19 conditions, please check the website to see if the training will be held as scheduled

To register go to www.bookeo.com/orangecountymentalhealth click Special Events

April 2020

Day	Date	Time	Hrs.	Course	Title
Mon	April 6 th	6:30 p.m.- 8:30 p.m.	2	Core 1A	Working in a Family's Home: Key Points You Need to Understand (OCCSI staff only) Participants will gain an understanding of the diversity and complexities of families, parenting styles and values that can influence and impact the work; learn to identify behaviors and situations that present challenges e.g., boundaries, conflicts of interest, confidentiality, accepting gifts, etc.
Sat	April 18 th	10:00 a.m.- 12:00 p.m.	2	Ongoing Training	Basics of Finance (OCCSI Staff Only) Participants will learn strategies for teaching about the types of income, teaching strategies to address; needs vs. wants; simple budgeting and variations on the envelop system; credit and credit offers; and more
Wed	April 22 nd	6:30 p.m.- 8:30 p.m.	2	Core 1B	Supporting People Living in their Own Home-I (OCCSI Staff Only) Participants will learn about income/benefits and strategies for teaching maintenance of a clean, safe home; health and wellness; safety; being a good neighbor; working with family members; using checklists, schedules and more.

May 2020

Mon	May 4 th	6:30 p.m.- 8:30 p.m.	2	Core 2	Planning, Organizing and Delivering Your Professional Service (OCCSI staff only) Participants will learn how to approach and structure sessions, develop schedules and activities to address needs and plan accordingly; the importance of self-care for mentors.
Sat	May 16 th	10:00 a.m.- 2:30 p.m. <i>Includes ½ hr. break</i> Note Time	4	Core 3	Principles of Shaping Behavior & Other Strategies for Effective Teaching Introduction to the learning process, assessment, identifying key areas of focus, tools and strategies for successful outcomes for children and adults with autism spectrum disorders and other developmental disabilities.
Sat	May 16 th	2:45 p.m.- 4:45 p.m. Note Time	2	Core 4	Principles of Shaping Behavior: Understanding, Preventing & Replacing Problem Behaviors Defining behavior, functions, when to intervene, replacement behaviors, antecedent and consequence strategies; the functional behavior assessment process and the role of direct support professionals; common data collection methods, etc.

June 2020

Mon	June 1 st	6:30 p.m.- 8:30 p.m.	2	Core 1A	Working in a Family's Home: Key Points You Need to Understand (OCCSI staff only) Participants will gain an understanding of the diversity and complexities of families, parenting styles and values that can influence and impact the work; learn to identify behaviors and situations that present challenges e.g., boundaries, conflicts of interest, confidentiality, accepting gifts, etc.
Wed	June 10 th	6:30 p.m.- 8:30 p.m..	2	Ongoing Training	Supporting People in their Own Home-II (OCCSI Staff Only) Identification of suspicious activity (including trafficking, gangs and drugs); safety in the neighborhood, teaching the difference about friendships vs. toxic relationships, avoiding victimization and eviction; Identity theft, special considerations for those parenting and more
Mon	June 15 th	6:30 p.m.- 8:30 p.m..	2	Core 6	Sensory Integration Issues for People with Autism Spectrum Disorders and Other Neurological Conditions (OCCSI Staff Only) Overview of common issues affecting the seven sensations, how to assess and plan for potential sensory stimulants that may be problematic in different environments
Sat	June 20 th	10:00 a.m.- 12:00 p.m.	2	Core 5A	Social Skill Building for Children 12 and Under with Autism and Other Developmental Disabilities Participants will learn strategies for teaching social skills, social communication and the "hidden curriculum/social rules". While most people learn through experience and observation; people with ASD need to be taught. If not, the consequences can lead to isolation, depression, bullying and more.
Sat	June 20 th	1:00 p.m.- 3:00 p.m.	2	Consult	Could I be Contributing to that Problem Behavior? Participants will explore the basics of reinforcement, how to apply schedules, the importance of consistency and simple strategies to approach and engage the individual.

July 2020

Day	Date	Time	Hrs.	Course	Title
Wed	July 8 th	6:30 p.m.- 8:30 p.m.	2	Core 7	Group Clinical Support Opportunity to discuss what is working, concerns and challenges, gain fresh perspective, get ideas, and learn from others
Mon	July 13 th	6:30 p.m.- 8:30 p.m.	2	Core 1B	Supporting People Living in their Own Home-I (OCCSI Staff Only) Participants will learn about income/benefits and strategies for teaching maintenance of a clean, safe home; health and wellness; safety; being a good neighbor; working with family members; using checklists, schedules and more.
Sat	July 18 th	10:00 a.m.- 12:00 p.m.	2	Core 5B	Social Skill Building for Youth and Young Adults with Autism Spectrum Disorders and Other Developmental Disabilities Participants will learn strategies for teaching social skills, social communication and the "hidden curriculum/social rules". While most people learn through experience and observation; people with ASD need to be taught. If not, the consequences can lead to isolation, depression, bullying and more.
Sat	July 18 th	1:00 p.m.- 3:00 p.m.	2	Consult	Activity Ideas for Those with Limited or No Functional Communication Participants will be offered an array of ideas to give the child or adult positive sensory experiences to promote growth

August 2020

Wed	Aug 12 th	6:30 p.m.- 8:30 p.m.	2	Consult	It's OK to Say No Video games, personal electronics, television, talking back, interrupting, "I want" and "I need" etc. Participants will discuss the need to establish clear boundaries and discipline around those annoying and potentially harmful behaviors and strategies for teaching how to tolerate "No"
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September 2020

Wed	Sept 9 th	6:30 p.m.- 8:30 p.m.	2	Core 1A	Working in a Family's Home: Key Points You Need to Understand (OCCSI staff only) Participants will gain an understanding of the diversity and complexities of families, parenting styles and values that can influence and impact the work; learn to identify behaviors and situations that present challenges e.g., boundaries, conflicts of interest, confidentiality, accepting gifts, etc.
Mon	Sept 21 st	6:30 p.m.- 8:30 p.m.	2	Ongoing Training	What to do in an Emergency (OCCSI Staff Only) Participants will learn strategies to identify and plan for emergencies while providing services in the home and the community.
Sat	Sept 26 th	10:00 a.m.- 12:00 p.m.	2	Core 1B	Supporting People Living in their Own Home-I (OCCSI Staff Only) Participants will learn about income/benefits and strategies for teaching maintenance of a clean, safe home; health and wellness; safety; being a good neighbor; working with family members; using checklists, schedules and more.
Sat	Sept 26 th	1:00 p.m.- 3:00 p.m.	2	Ongoing Training	Tweens and Teens with Autism Spectrum Disorders and Other Developmental Disabilities Participants will identify and learn strategies to teach critical skills needed to optimize successful transition to adulthood and employment, gain an understanding of the health, social and emotional risks/concerns

October 2020

Wed	Oct 14 th	6:30 p.m.- 8:30 p.m.	2	Core 2	Planning, Organizing and Delivering Your Professional Service (OCCSI staff only) Participants will learn how to approach and structure sessions, develop schedules and activities to address needs and plan accordingly, the importance of self-care for mentors.
Sat	Oct 17 th	10:00 a.m.- 2:30 p.m. <i>Includes ½ hr. break Note Time</i>	4	Core 3	Principles of Shaping Behavior & Other Strategies for Effective Teaching Introduction to the learning process, assessment, identifying key areas of focus, tools and strategies for successful outcomes for children and adults with autism spectrum disorders and other developmental disabilities.
Sat	Oct 17 th	2:45 p.m.- 4:45 p.m. <i>Note Time</i>	2	Core 4	Principles of Shaping Behavior: Understanding, Preventing & Replacing Problem Behaviors Defining behavior, functions, when to intervene, replacement behaviors, antecedent and consequence strategies; the functional behavior assessment process and the role of direct support professionals; common data collection methods, etc.

November 2020

Mon	Nov 2 nd	6:30 p.m.- 8:30 p.m.	2	Consult	Bring your own Behavior Participants will work with clinicians on strategies for implementing positive behavior supports for their individuals.
Mon	Nov 16 th	6:30 p.m.- 8:30 p.m.	2	Core 5A	Social Skill Building for Children 12 and Under with Autism and Other Developmental Disabilities Participants will learn strategies for teaching social skills, social communication and the "hidden curriculum/social rules". While most people learn through experience and observation; people with ASD need to be taught. If not, the consequences can lead to isolation, depression, bullying and more.
Sat	Nov 21 st	10:00 a.m.- 12:00 p.m.	2	Consult	Walmart is not for Everyone- Planning Activities for Community Exposure, Skill Building, Integration and Generalization (OCCSI Staff Only) Participants will learn to identify and differentiate the purpose and desired outcome of a community activity and plan accordingly for success.
Sat	Nov 21 st	1:00 p.m.- 3:00 p.m.	2	Consult	Feeling Stuck? Participants will benefit from a free flowing exchange of ideas, resources and strategies that will offer a fresh perspective and help change things up. Mentors will also learn when to ask supervisors about transitioning to another opportunity

December 2020

Day	Date	Time	Hrs.	Course	Title
Wed	Dec 9 th	6:30 p.m.- 8:30 p.m.	2	Core 6	Sensory Integration Issues for People with Autism Spectrum Disorders and Other Neurological Conditions (OCCSI Staff Only) Overview of common issues affecting the seven sensations, how to assess and plan for potential sensory stimulants that may be problematic in different environments
Sat	Dec 19 th	10:00 a.m.- 12:00 p.m.	2	Core 5B	Social Skill Building for Youth and Young Adults with Autism Spectrum Disorders and Other Developmental Disabilities Participants will learn strategies for teaching social skills, social communication and the "hidden curriculum/social rules". While most people learn through experience and observation; people with ASD need to be taught. If not, the consequences can lead to isolation, depression, bullying and more.
Sat	Dec 19 th	1:00 p.m.- 3:00 p.m.	2	Ongoing Training	Basics of Finance (OCCSI Staff Only) Participants will learn strategies for teaching about the types of income, teaching strategies to address; needs vs. wants; simple budgeting and variations on the envelop system; credit and credit offers; and more

January 2021

Mon	Jan 11 th	6:30 p.m.- 8:30 p.m.	2	Consult	Working in a Family's Home: Key Points You Need to Understand (OCCSI staff only) Participants will gain an understanding of the diversity and complexities of families, parenting styles and values that can influence and impact the work; learn to identify behaviors and situations that present challenges e.g., boundaries, conflicts of interest, confidentiality, accepting gifts, etc.
Mon	Jan 25 th	6:30 p.m. - 8:30 p.m.	2	Consult	Addressing the Uncomfortable (OCCSI Staff Only) Participants will learn tools to address things that occur within the family household that can cause discomfort. Working on communication skills and when to identify assistance is needed. Goal is to have staff maintain a trusting relationship with the family and individual while being comfortable providing services.

February 2021

Wed	Feb 10 th	6:30 p.m.- 8:30 p.m.	2	Core 7	Group Clinical Support Opportunity to discuss what is working, concerns and challenges, gain fresh perspective, get ideas, and learn from others
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March 2021

Wed	Mar 13 th	1:00 p.m.- 5:00 p.m. Note Time	4	Consult	Strategies to De-Escalate in the Moment Identify the warning signs and learn simple things you can do to avoid a full meltdown.
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