

The Developmental Disabilities System in Orange County

Overview & Recent Changes April 2019

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Thank You for Taking Time to
View This Presentation

Today's Presentation

The Role of the County Department of
Mental Health & OPWDD

Characteristics of People Supported

Types of Supports & Services

Funding

Access & Eligibility

Systems Transformation

Role of County Government

NYS Mental Hygiene Law

Counties are charged with fiscal and programmatic oversight, planning, and coordination of service needs for people in three areas:

Chemical Dependency, Developmental Disabilities and Mental Illness

Role of County Government

In Orange County, the Department of Mental Health is the designated “Local Government Unit “ under this law

Developmental Disabilities Division

Advocate for Individuals, Families & Providers

Promote & Facilitate Cross Systems Collaboration

Service Planning for People With Complex Needs

Create Initiatives & Strategies To Address
Identified Needs, Gaps In Services And Barriers To
Service Delivery

Developmental Disabilities Division

Facilitate Mediation & Problem Solving

Promote System-wide Continuous
Quality Improvement Efforts

Support Workforce Competency

Developmental Disabilities Division

Assist Families with NYS Eligibility Process

Provide ABA-Based Clinical Support

Provide Technical Assistance & Guidance
Information, Outreach & Training

HOW?

Work Closely with:

NYS Office for People with
Developmental Disabilities

&

Orange County Providers

Framework of WELCOME Orange

WELCOME Orange

- **Working to**
- **Encourage**
- **Leadership and**
- **Collaboration**
- **Of**
- **Multi-Disciplinary Service Providers**
- **Enhancing healthy living in Orange County**

WELCOME Orange

Complexity capable, welcoming,
hopeful regardless of presenting
issues or needs

Connecting people with
resources available through
partner agencies

NYS OPWDD

The New York State Office for People With Developmental Disabilities (OPWDD) is responsible for coordinating services for more than 130,000 New Yorkers with developmental disabilities. It provides services directly and through a network of approximately 700 nonprofit service providing agencies, with about 80 percent of services provided by the private nonprofits and 20 percent provided by state-run services.

<https://opwdd.ny.gov>

Developmental Disabilities Regional Offices (DDROs)

DDROs assist individuals and families to make informed choices about the supports and services best suited to their needs

DDROs work with local government (counties) and voluntary provider agencies to improve access to and coordinate services within a region

Hudson Valley DDRO

Sullivan, Orange, Rockland and Westchester
Middletown Office 845-695-7300

Developmental Disability?

Qualifying Conditions –One or More

Cerebral Palsy

Epilepsy/Seizure Disorders

Neurological and Chromosomal Disorders

Autism Spectrum Disorders

Intellectual Disability (IQ below 70)



Onset Prior to Age 22 & Lifelong, Substantial Support

Not a Developmental Disability

Examples

- Visual or Hearing Impairment
- Bi-Polar Disorder
- Spinal Cord Injury
- Parkinson's Disease
- Lupus
- Special Education Classification, e.g., Other Health Impaired, Multiply-Disabled, etc.

Common Misconceptions

Must Have an Intellectual Disability
(formerly known as mental retardation)

Services Are For Adults

Services Are Entitlements

FACTS

Intellectual Disability is NOT Required

Many Children Receive Services & Supports

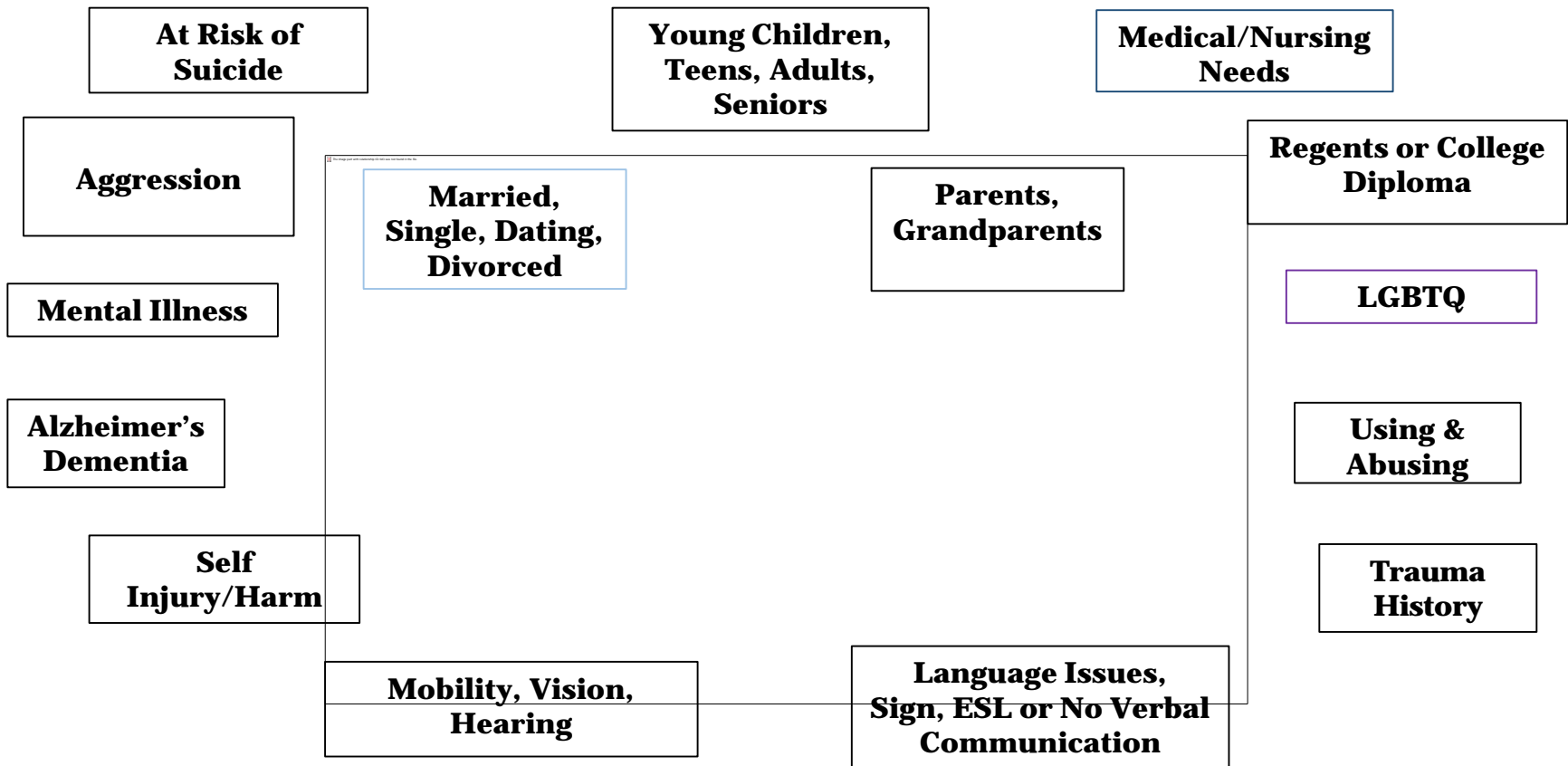
Services Are Not Entitlements

Some People Have Multiple Developmental Disabilities

Many Also Have a Co-occurring Mental Illness

Some May Also Struggle With Substance Abuse
or Addiction

Complexity Wheel-Staff Need Tools



The System in Orange County

The system is large, diverse and complex.

Services are delivered through a network of non-profit, state and county providers.

\$\$\$\$\$Funding\$\$\$\$\$

Medicaid

The New York State Office for People
with Developmental Disabilities
(OPWDD)

County Government-Orange County
Department of Mental Health

Orange County Developmental Disabilities Provider Network

ACCESS: Supports for Living, Inc. **Independent Living, Inc.**
Ahivim, Inc. **IKAN, Inc.**
Chemlu DD Center, Inc. **Inspire, The CP Center, Inc.**
Crystal Run Village, Inc. **Jewish Family Services, Inc.**
Capabilities Partnership, Inc. **Mental Health Association in Orange County, Inc.**
Greystone Programs, Inc. **Orange County Department of Mental Health**
Hamaspik of Orange County, Inc. **Rayim of Hudson Valley, Inc.**
Hudson Valley Developmental Disabilities Services Regional Office **The Arc of Sullivan-Orange Counties, NY**

The Developmental Disabilities System in Orange County

How Can We Help?

Give Caregivers A Break, Support & Training

Ease The Family Stress & Pressure

Promote Skill Building

Reduce Problem Behavior

Add Structure to the Home Environment

Provide Meaningful Social & Recreational Activities

What Does the System Offer?

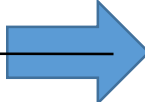
Long Term Care, Specialized Supports & Meaningful Activities Across the Lifespan
(children and adults)

Support, Respite and Educational Opportunities for Family Members

Types of Supports

Advocacy, Information and Referral

Educational Advocacy

~~Service Coordination~~  Care Management

Recreation and Social Activities

Educational Opportunities & Support Groups

Assistance with Challenging Behaviors

Additional Supports

Financial Assistance for Families

Individually Planned Supports (skill building, caregiver relief, home modification)

Adult Day Services & Work Supports

Housing Options and Supports

Supports for Individuals that are Pregnant
or Parenting

System Does *Not* Offer Emergency Placement

Medical, Mental Health, Therapies*
or education services

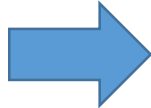
System is **not a panacea** for solving
every family issue-other systems
are available

*some exceptions

Specialized Services

- Individually Planned Supports
- Adult Day Services & Supports
- Housing Options and Supports
- In- Home Respite and Skill Building
- Environmental Modifications
- Adaptive Equipment
- Supports for Pregnant or Parenting

Types of Supports

- Advocacy, Information and Referral
- Educational Advocacy
- ~~Service Coordination~~  Care Management
- Recreation and Social Activities
- Educational Opportunities & Support Groups
- Assistance with Challenging Behaviors

GO TO

www.orangecountynyddconnection.com

System Transformation

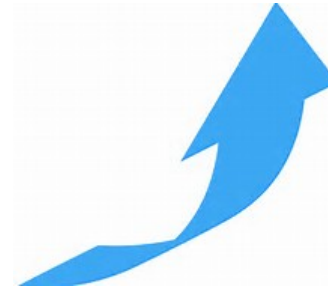
Major Shift

How & Where People Are Supported

Certified Settings
Shrinking



Individualized, Non-Certified
Rapid growth in demand



Systems Transformation

Pushes and Pulls Causing Many Changes

NYS Medicaid Re-Design Team

Centers for Medicare & Medicaid Services

Olmstead Decision

Fiscal Realities & Sustainability

Systems Transformation

Moving Toward Managed Care

- More Flexibility
- Greater Accountability
- Better Use of Funding
- Consistent Approach to Access & Authorization
- Increased Agency Collaboration & Consolidation
- Value Based Payment
- Conflict Free Care Management
- Fewer Segregated Settings
- Workshop Re-Design & Closure
- Increased Employment
- Increased Individual Control of Services
- Wider Array of Supports
- Expectation of Outcomes vs. Ongoing “Forever” Services
- True community integration, not just community exposure

Transition to Managed Care Health Homes

A 'Health Home' is Not a Physical Place

It is a group of health care and service providers working together connect Medicaid enrollees to services needed to stay healthy.

Members have a care manager that develops a plan of services and supports including: health care, behavioral health (mental health and substance abuse), medications, assistance with housing and social services.

Health Homes

Criteria

Two or more chronic conditions (e.g.,
Substance Use Disorder, Asthma,
Diabetes*), or

One single qualifying chronic condition, or
Serious Mental Illness (Adults), or
Serious Emotional Disturbance or Complex
Trauma (Children)

Now There's an Alternative Care Coordination Organizations (CCOs)

Health Homes Serving
Children & Adults with
Developmental Disabilities,
OPWDD Eligibility and Medicaid

Care Coordination Organizations (CCOs)

Effective July 1, 2018

New Entities Led by OPWDD Service Providers

Will Coordinate & Connect Enrollees to OPWDD
Services and Other Services

DD Providers Ceased MSC Operations but Still
Provide All Other Services and Supports

CCOs—Effective July 1, 2018

Seven Designated CCOs Statewide

Four Serving Orange County

Advanced Care Alliance

Care Design-NY

LIFEPlan

Tri-County Care

Three Year Designation

Health Homes

Effective July 1 2018

Medicaid Service Coordination (MSC) Ended

Care Coordination Began

Selected NOT Assigned

MSCs from Local Agencies are Employed or Temporarily “Leased” (Year One Only) by CCOS

CCO COVERAGE MAPS

<https://opwdd.ny.gov/.../cco-coverage-chart>

OC Providers	Name & Status	Area Served
Ahivim Rayim	Advanced Care Alliance Non-Profit	Lower HV, NYC, LI
ASFL Greystone Jewish Family Services The Arc of Orange	Care Design-NY For Profit	Eastern NY from Canadian Boarder to LI; 30 counties
CRVI Independent Living Inspire MHA	LIFEPlan For Profit	38 counties From Tioga, Thompkins and Cayuga to the east except LI, NYC
Capabilities Hamaspik IKAN	Tri-County Care Non -Profit	Upper HV to NYC, LI 25 counties

Effective July 1, 2018

Medicaid Service Coordination  Care Coordination

Medicaid Service Coordinators  Care Managers

Individual Service Plans  Life Plans

Individuals Choose a CCO

CCO--TYPES OF SUPPORT

Comprehensive Care Management

Monitors Health & Safety

Develops a Care Plan and

Reviews Bi-Annually

Coordinates & Connects Cross

System Supports & Services

- OPWDD Services
- Health Care (Medical & Dental)
- Behavioral Health (mental health substance abuse)
- Assistance with Housing, Social Services and More

Basic HCBS Plan Support

Monitors Health & Safety

Develops a Care Plan and

Reviews Bi-Annually

Coordinates & Connects

OPWDD Supports & Services

ACCESS to Other Services & Supports

OPWDD Eligibility is Required for Most
But NOT All OPWDD Supports and
Services Funded or Certified by OPWDD

Exceptions: Refer to
www.orangecountynyddconnection.com

OPWDD's Front Door Process

New Individuals must go through the OPWDD Front Door Process which includes:

Eligibility Deeming and Orientation; and
Assessment of Need; and
Service Authorization

OPWDD Eligibility Deeming

If the Service Needed Requires OPWDD Eligibility, This is the First Step

- Formal, Multi-Level Review Process
- Notification of Status
- More Info May be Requested
- Often Lengthy Process
- Most People Need Assistance

NYS OPWDD Eligibility

Qualifying Diagnoses or Condition(s)
Resulting from an
Assessment/Evaluation

Cerebral Palsy

Epilepsy/Seizure Disorders

Neurological and Chromosomal Disorders

Autism Spectrum Disorders

Intellectual Disability (IQ below 70)

Eligibility Criteria

Documentation of a Qualifying
Diagnosis or Condition ***Plus***
Onset Prior to Age 22 ***Plus***
Life Long, Substantial Needs

Some People May Have a Qualifying
Diagnosis but NOT Meet the Other
Criteria

Documentation for Eligibility

Current & Comprehensive (not abbreviated) Measure of Intellect

- must be an OPWDD accepted tool
- must be valid

AND

Current Measure of Adaptive Behavior for IQ 60+

- must be an OPWDD accepted tool
- assessed without adult prompts or intervention

AND

Social History

For children, the Psycho-Educational Evaluation completed by the school psychologist often includes all three of these requirements

Documentation for Eligibility

Additional Required Documentation

Physical Within a Year

AND

If No Intellectual Disability (IQ Below 70), An Assessment that Identifies Another Qualifying Diagnosis Or Condition Such As Autism Spectrum Disorder, Cerebral Palsy, Etc. with a Narrative Describing How the Criteria is Met.

AND

Documentation of Onset Prior to Age 22

Documentation for Eligibility

NOT Acceptable

- Note or Letter Listing the Diagnosis or Condition
- Reference to a *Potential or History of* Diagnosis
- School Classification
- Mental Health or Substance Abuse Program Document Referencing a Developmental Disability

Re-Determination of Eligibility

Eligibility is Lifelong & Portable Within NYS Except:

Young Children Receive *Provisional* Eligibility with
Re-Determination Required By Age *Eight*

A Break In Service May Require Re-Determination
e.g., Incarceration, Residential School Placement

The Front Door Steps

Eligibility, Assessment & Authorization (EAA)

Eligibility Deeming ✓

Attend an Orientation Session

Select a CCO and type of Care Management

Assessment of Need (interview process)

Service Authorization

The Front Door

Eligibility, Assessment & Authorization

Established OPWDD Eligibility ✓

Attended Orientation ✓

Selected a Care Coordination Organization ✓

Assessment of Need Completed ✓

Service(s) Authorized ✓

Service Authorization  Service Delivery

Additional Steps That May Be Required

Apply and Be Approved for NY Medicaid*

Enrollment in CCO

Meet Criteria for Level of Care*

Enrollment in Medicaid Waiver *

*not required for services supported by the county; not required for those that only need respite (limited exception)

Additional Steps Depend on Service Type

Housing in Certified Setting-- a “Certified Residential Opportunities (CRO) Referral”

Housing in a Non-Certified Setting-- a Request for Individual Support Services

Most All Other Services Have an
Application Process

Authorization \neq Service Delivery

Workforce

Recruitment & Retainment

National Workforce Crisis

Minimum Wage Increase

NOW WHAT?

CHOOSE YOUR PATH

Self Direction -A Great Option

Design, Control & Manage a Unique Plan of Services Based on Your Needs and Goals

Mix and Match Services and Supports

Employer and/or Budget Authority & Oversight

Decide When and How Delivered

Self-Hire or Agency-Hired

Go to www.opwddny.gov for more information

PROVIDERS

- Select Who To Work With
- Ability to Change Providers
- Work with Multiple Providers
(For Any One or More Supports & Services)

OTHER IMPORTANT CONSIDERATIONS

Transition Planning

Guardianship, Wills, Trusts

Generic Services & Supports

Today's Presentation

Overview of the County's Role

Overview of the System

Service Providers & Funding

Specialized Services

Access & Eligibility

Systems Transformation

Thank You!

www.orangecountygov.com

Orange County Department of Mental Health
291-2620

NYS OPWDD
Hudson Valley Developmental Disabilities
Regional Office
695-7300