



The Orange County Suicide Prevention Committee,  
The Orange County Training Institute and  
**The American Foundation for Suicide Prevention**  
Invite you to a virtual presentation of:

### ***Talk Saves Lives:***

A Brief Introduction to Suicide Prevention  
*Tuesday, June 16<sup>th</sup> from 11 a.m. – 12 p.m.*

*In this introduction to suicide prevention, we will cover the general scope of suicide, the research on prevention, and what people can do to fight suicide. Attendees will learn the risk and warning signs of suicide, and how together, we can help prevent it. We will also discuss how to take care of your mental health during uncertain times and share self-care techniques.*

*Feel free to use the chat function to ask our team questions!*

**To register click:** <https://afsp.wufoo.com/forms/m5w143v15zsmjz/>

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