BEYOND THE OBVIOUS: WHEN TRAUMA INFLUENCES BEHAVIOR

About the Program:

Behavior is both a simple and complex phenomenon. When people exhibit a behavior, whether with positive or negative intention, they are expressing themselves to have some need met. For many people, it can be easy to determine why a behavior is being exhibited. However, for some people, especially people with disabilities, the reason for a behavior is not always clear. In many cases, the behavior of people with disabilities can be heavily influenced by traumatic experiences that have happened to them. For this reason, it is essential for professionals to address challenging behaviors with the whole picture in mind. This training will provide participants with the knowledge and tools to effectively address these types of behaviors.

In “Beyond the Obvious: When Trauma Influences Behavior,” participants will:

♦ Review what “behavior” is.
♦ Learn how trauma impacts people with disabilities and their behaviors.
♦ Discover how to use a person-centered approach to address challenging behaviors.
♦ Learn about effective evidence-based strategies to manage and de-escalate challenging behaviors and how to use them.

About the Presenter:

Joshua Mummert, MS, has worked with people with various disabilities for over 13 years, including those with intellectual disabilities, autism, and Wounded Warriors. In his career, he has primarily worked as a Behavior Consultant, but also served as a Job Coach for people with disabilities and has evaluated program effectiveness with the Department of Veterans’ Affairs. Currently, Joshua is the Owner and Executive Director of J.T. Mummert Consulting LLC, a rapidly growing organization in south central Pennsylvania that provides services for people with disabilities along with training services for organizations. He has been an adjunct instructor for Wilson College in Chambersburg, PA, since 2017 and has taught undergraduate courses for aspiring special education teachers. Presently, Joshua is teaching online courses for the Master’s of Special Education program. Joshua is certified by the Commonwealth of Pennsylvania to train professionals on Functional Behavior Assessment (FBA) and is currently pursuing his Ph.D. in Psychology.