

Trauma Institute of Orange County

Meeting Minutes

Date: August 2, 2020 **Time:** 11:30-12:30 PM **Location:** Zoom

Attendees:

Lacey Trimble, OCDMH

Kristen Fortuna, RSS

Lyndsay Brischoux, HV Medical

Rebekah Feliciano, RSS

Angela Turk, OCDMH

Dhanu Sannesy, NAMI

Andrew Oni, ORMC

Warren Skov

Amanda Quintana, Mid-Hudson PGRC

Maura Donoghue, Rockland DSS

Dana Newman, OCDSS

Simone Parris-McGuane, Rockland DSS

Julika Von Stackelberg, CCE

Katt Macaluso, Adelphi

Colleen Jones, Mid-Hudson PGRC

Following introductions, Kristen Fortuna informed members who may not have received notice that Robin Gerry, former co-chair, retired in July and that Lacey Trimble, Deputy Commissioner, would be co leading.

All events being planned for 2020 will be hosted virtually using the Zoom platform. The following events are being scheduled:

- Beyond the Obvious with Joshua Mummert, a 3-part series Sept 9th, 16th, and 23rd from 1-3pm.
- 'Understanding Behavior Through the Lens of Trauma Informed Support for kids and Adults with DD presented by Robin VanEerden, November 13th
- A fall conference is being planned with Dr. Ken Minkoff, Dr. Paula Riggs and Dr. Elspeth Slayter. More information to follow.
- Michele Galietta, PhD, will be working on a proposal for 2 2-hour workshops. One related to mindfulness in treatment and the other on Implicit Bias.

Andrew Oni discussed work being done on a self-care program that will show how staff on the front lines managed the stressed

Dhanu shared information about an 8 session Family to Family series being held virtually to families and caregivers who have their loved ones experiencing mental health challenges. More information may be found on the NAMI Orange County, NY Facebook page.

Amanda and Colleen shared how the pandemic has impacted those struggling with problem gambling and the resources that have been set up to provide support, including virtual training. They highlighted their connection with Regional Recovery and providing telehealth sessions. More information may be found at problemgamblinghelp.org

Julika provided an update on the Orange County Resilience project and lists that have been created. The Orange County Parenting Coalition is hosting a special virtual Parent Forum on August 12 at 6 pm. For a list of this and other events, please visit <http://cceorangecounty.org/events>

Angela Turk shared resources available to help schools, clinicians and parent with the return to school. Some of these include:

<https://afsp.org/> **Taking Care of Our Kids' Mental Health (and Our Own) During Back-to-School Season**

<https://www.childtrends.org/blog/as-schools-reopen-addressing-covid-19-related-trauma-and-mental-health-issues-will-take-more-than-mental-health-services>

<https://calendar.ctacny.org/> **Helping Children Adjust to the New Normal: Implementing Evidence-Based Interventions for Students Returning to School with Mental Health Difficulties** **When:** Tuesday, August 18 - 12:00 PM **Duration:** 1.5hour

Next Meeting Date: Tuesday, Sept 1st, 11:30AM-12:30PM via Zoom