

## SEEKING THE BEST OUTCOMES:

### When:

Friday, September 23rd

10:00 a.m. – 12:00 p.m.

### Where:

Live online via Zoom

The link will be sent to the email  
you use to register.

### Registration:

[www.bookeo.com/octraumainstitute](http://www.bookeo.com/octraumainstitute)

### Cost: Free

### Continuing Education

*This educational offering is acceptable for two continuing education contact hours for psychologists, social workers, mental health counselors, psychoanalysts, creative arts therapists, and marriage and family therapists. Full attendance at all sessions is required to receive credit; variable credit for partial attendance may not be awarded based on state board guidelines.*



## Mental Health Association in Orange County Inc.



73 James P. Kelly Way  
Middletown, NY 10940  
845-342-2400 Fax 845-343-9665

## The Mental Health Association of Orange County and Trauma Institute of Orange County doing business as The Welcome Orange Training Institute Present to Families and Providers:

### Seeking the Best Outcomes: State of the Art Psychosocial Interventions

In the first half of this event, nationally and internationally known clinical psychologist, **Michele Galletta, Ph.D**, will present families and providers the treatments most likely to work and work well for specific conditions. Providers will learn how they can develop needed expertise in evidence-based practices such as CBT, DBT, Cognitive Remediation, etc. Families will learn how to find and evaluate a program that offers high quality specific treatments. Interventions for how to effectively collaborate with psychiatric prescribers will be presented.

### Seeking the Best Outcomes: State of the Art Psychiatric Interventions

**Richard Jackson, MD**, co-founder of the Neurobehavioral Medicine Group, will present to families and providers how one identifies and responds to movement disorders (a common side effect of long-term psychotropic medication use). He will discuss the utility of genetic testing (with a few case examples). Dr. Jackson will present some new medications available for treatment-resistant depression, schizophrenia, anxiety, etc. and present how to assess the effectiveness of a medication regimen (with standardized measures). He will also discuss the relationship between patient and psychiatrist and what it must look like in order to have the degree of collaboration necessary to achieve the best outcomes.