



1st Quarter 2023 Training Calendar (Jan -Mar)

Provided by the Orange County Department of Mental Health in Partnership with
 ACCESS: Supports for Living • Crystal Run Village • Greystone Programs • Inspire
 Mental Health Association in Orange County • The Arc of Sullivan-Orange Counties

Training Location: Virtual

To register go to: www.bookeo.com/orangecountymentalhealth click Special Events

January 2023 DATE/ TIME	HRS	TYPE	COURSE TITLE:
January 9th 6:30 p.m. – 8:30 p.m. (Monday)	2	Core 1A	Working in a Family’s Home: Key Points You Need to Understand (OCCSI staff only) Gain an understanding of the diversity and complexities of families, parenting styles and values that can influence and impact the work; learn to identify behaviors and situations that present challenges e.g., boundaries, conflicts of interest, confidentiality, accepting gifts, etc.
January 23rd 6:30 p.m. – 8:30 p.m. (Monday)	2	Consult	Addressing the Uncomfortable (OCCSI Staff Only) Learn tools to address things that occur within the family household that can cause discomfort. Working on communication skills and when to identify assistance is needed. Goal is to have staff maintain a trusting relationship with the family and individual while being comfortable providing services.

February 2023 DATE/ TIME	HRS	TYPE	COURSE TITLE:
February 6th 6:30 p.m. – 8:30 p.m. (Monday)	2	Core	Group Clinical Support Join us for an opportunity to discuss what is working, concerns and challenges, gain fresh perspective, get ideas, and learn from others

March 2023 DATE/ TIME	HRS	TYPE	COURSE TITLE:
March 13th 6:30 p.m. – 8:30 p.m. (Monday)	2	Consult	Strategies to De-Escalate in the Moment Identify the warning signs and learn simple things you can do to avoid a full meltdown.
March 29th 6:30 p.m. – 8:30 p.m. (Wednesday)	2	Core 1B	Supporting People in Their Own Home I (OCCSI Staff Only) Participants will learn about income/benefits and strategies for teaching maintenance of a clean, safe home; health and wellness, safety/ being a good neighbor; working with family members; using checklists, schedules and more.