

## Prison Conversation Worksheet

<b>Comparison and evaluation</b>	
<b>Complication, busyness, and confusion</b>	
<b>Statements that include lots of “buts”</b>	
<b>Fighting, posturing, and taking sides</b>	
<b>Strong future or past orientation</b>	
<b>Strong problem-solving orientation</b>	
<b>Strong focus on what something means “about” you with respect to others</b>	
<b>Explanation vs. description</b>	
<b>Categories vs. specifics</b>	
<b>The familiar (aka the old and stinky)</b>	