

2017-2018 Coordinated In-Home Supports Project (CIHS) Training Calendar

These free educational opportunities are designed for mentors supporting school aged children and young adults on the autism spectrum with challenging behaviors enrolled in the CIHS Project and their families, but open to anyone with an interest in the topics as seating permits. Many of the concepts and topics can easily be applied when supporting people with other developmental disabilities. Core and ongoing trainings are formal, interactive classes while Consultations offer informal dialogue on a topic of interest, sharing of best practices and strategies.

To Register go to www.bookeo.com/orangecountymentalhealth click Special Events

Location: Orange County Department of Mental Health 30 Harriman Drive Goshen, NY

Day	Date	Time	Hrs.	Course	Title
Wed	April 12 th	6:30-8:30	2	Core #1	Understanding the Big Picture Participants will gain an understanding of the role of the direct support professional in relation to other team members; the functions required to support an individual; who does what, why and how; the importance of proper documentation using examples with time to practice writing notes and more.
Sat	April 22 nd	10:00-12:00	2	Core #2	Planning, Organizing and Delivering Your Professional Service (staff only) Participants will learn how to approach, structure and deliver sessions to maximize time and minimize problem behaviors. Mentors and other direct support professionals will have time to network and exchange information for the purpose of organizing play dates and meet ups.
Sat	April 22 nd	1:00-5:00	4	Core #3	Autism Spectrum Disorders and Intervention Suggestions Participants will gain a basic understanding of autism spectrum disorders, identify important life skills to teach now to maximize independence, learn and apply general strategies for intervention.

May 2017

Wed	May 10 th	6:30-8:30	2	Consult	It's Ok to Say "NO" Video games, personal electronics, television, talking back, interrupting, etc. Participants will discuss the need to establish clear boundaries and discipline around those annoying and potentially harmful behaviors or activities and strategies for implementation
Sat	May 20 th	10:00-12:00	2	Core #4	Working in a Family's Home: Key Points You Need to Understand (staff only) Participants will gain an understanding of the diversity and complexities of families, parenting styles and values that can influence and impact the work; learn to identify behaviors and situations that present challenges e.g., boundaries, conflicts of interest, confidentiality, accepting gifts, etc.
Sat	May 20 th	1:00-5:00	4	Core #5	Principles of Shaping Behavior Participants will be introduced to basic concepts and terminology based on the dimensions of Applied Behavior Analysis required for effective behavior change to teach new skills and reduce problem behaviors. This unit will focus on skill building.

June 2017

Wed	June 14 th	6:30-8:30	2	Consult	BYO Goals (staff only) Interactive discussion and sharing tips to help build a wide array of activities to address identified goals.
Sat	June 24 th	10:00-12:00	2	Core #6	Social Skill Building Participants will learn about the progression of social skill development, how social skills are learned, the importance for various age groups and functioning levels, strategies to assess what needs to be taught and to build these skills.
Sat	June 24 th	1:00-3:00	2	Core #7	Sensory Integration Issues for Children (and adults) with ASD Participants will learn about common issues affecting the seven sensations of touch, proprioception, vestibular, hearing, sight, taste, and smell; learn how to assess and plan for potential sensory stimulants that may be problematic when in the home and the community; be given ideas for activities and structuring the home to support sensory integration.

July 2017

Wed	July 12 th	6:30-8:30p	2	Ongoing	Mental Illness This introductory level training will provide an overview of common co-occurring disorders and symptoms in children and adults with Autism and other developmental disabilities.
Sat	July 22 nd	10:00-12:00	2	Ongoing	Tweens and Teens with Autism Spectrum Disorders Participants will identify and learn strategies to teach critical skills needed to optimize the transition to adulthood and successful employment and gain an understanding of the health, social and emotional risks/concerns.
Sat	July 22 nd	1:00-3:00	2	Core #8	More Principles of Shaping Behavior Concepts and terms from the four hour training session will be reviewed along with an introduction to the process of understanding, preventing and replacing problem behaviors. Participants will learn their role in the process and data collection strategies. Those involved with the CIHS Project will gain more in depth knowledge through 1:1 interactions with the clinician assigned.

August 2017

Wed	Aug 9 th	6:30-8:30	2	Consult	Understanding and Preparing for Transitions Participants will learn to identify transitions, learn strategies for moving through them using an array of visual supports and to practice schedule changes.
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September 2017

Wed	Sept 13 th	6:30-8:30	2	Core #1	Understanding the Big Picture Participants will gain an understanding of the role of the direct support professional in relation to other team members; the functions required to support an individual; who does what, why and how; the importance of proper documentation using examples with time to practice writing notes and more.
Sat	Sept 23 rd	10:00-12:00	2	Core #2	Planning, Organizing and Delivering Your Professional Service (staff only) Participants will learn how to approach, structure and deliver sessions to maximize time and minimize problem behaviors. Mentors and other direct support professionals will have time to network and exchange information for the purpose of organizing play dates and meet ups.
Sat	Sept 23 rd	1:00-3:00	2	Core #3	Autism Spectrum Disorders and Intervention Suggestions Participants will gain a basic understanding of autism spectrum disorders, identify important life skills to teach now to maximize independence, learn and apply general strategies for intervention.

October 2017

Wed	Oct 11 th	6:30-8:30	2	Core #4	Working in a Family's Home: Key Points You Need to Understand (staff only) Participants will gain an understanding of the diversity and complexities of families, parenting styles and values that can influence and impact the work; learn to identify behaviors and situations that present challenges e.g., boundaries, conflicts of interest, confidentiality, accepting gifts, etc.
Sat	Oct 21 st	10:00-12:00	2	Ongoing	The Hidden Curriculum Most people pick up on these important social "rules" or "guidelines" through experience and observation; those with ASD often need to be taught. Consequences for not knowing can lead to isolation, depression, bullying and more. Participants will be exposed to this concept, be given clear examples and strategies to teach some of these important rules and behaviors.
Sat	Oct 21 st	1:00-5:00	4	Core #5	Principles of Shaping Behavior Participants will be introduced to basic concepts and terminology based on the dimensions of Applied Behavior Analysis required for effective behavior change to teach new skills and reduce problem behaviors. This unit will focus on skill building.

November 2017

Wed	Nov 1 st	6:30-8:30	2	Core #6	Social Skill Building Participants will learn about the progression of social skill development, how social skills are learned, the importance for various age groups and functioning levels, strategies to assess what needs to be taught and to build these skills.
Sat	Nov 18 th	10:00-12:00	2	Consult	Activity Ideas for Those with Limited or No Functional Communication Participants will be offered an array of ideas to give the child positive sensory experiences to promote growth.
Sat	Nov 18 th	1:00-3:00	2	Core #7	Sensory Integration Issues for Children (and adults) with ASD Participants will learn about common issues affecting the seven sensations of touch, proprioception, vestibular, hearing, sight, taste, and smell; learn how to assess and plan for potential sensory stimulants that may be problematic when in the home and the community; be given ideas for activities and structuring the home to support sensory integration.

December 2017

Wed	Dec 6 th	6:30-8:30	2	Core #8	More Principles of Shaping Behavior Concepts and terms from the four hour training session will be reviewed along with an introduction to the process of understanding, preventing and replacing problem behaviors. Participants will learn their role in the process and data collection strategies. Those involved with the CIHS Project will gain more in depth knowledge through 1:1 interactions with the clinician assigned.
Sat	Dec 16 th	10:00-12:00	2	Consult	Walmart Is Not for Everyone! Community Outing, Community Exposure or Community Integration? Participants will learn to identify and differentiate the desired outcome of a community activity and plan accordingly for success.
Sat	Dec 16 th	1:00-3:00	2	Consult	Strategies to De-Escalate in the Moment Participants will learn simple tips that can be used every day.

January 2018

Wed	Jan 10 th	6:30-8:30	2	Consult	Feeling Stuck? (staff only) Participants will benefit from a free flowing exchange of ideas, resources and strategies that will offer a fresh perspective and help change things up.
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February 2018

Wed	Feb 7 th	6:30-8:30	2	Consult	How to Create and Use Power Cards and Social Stories with Make & Take Power cards use the child's special interests to motivate while social stories help describe situations in terms of what the child can expect and what their responses should be. Both help to shape skill development.
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March 2018

Wed	Mar 7 th	6:30-8:30	2	Ongoing	How to Gain Cooperation Participants will learn to enhance motivation through the use of reinforcement strategies.
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Steven M. Neuhaus
County Executive