The Geriatric Mental Wellness Alliance (GMWA), the Welcome Orange Training Institute, &
the Trauma Institute of Orange County Present:

The Impact of Social Isolation and Loneliness in Later Life
Misty Boldt, LMSW

Training Description:

This training will cover what constitutes loneliness throughout the aging process, how to identify loneliness in older adults, the impact isolation and loneliness have on the aging population, and interventions to help combat isolation and loneliness. It will briefly touch on the number of adults reaching retirement age and why this information is important to our communities and aging services.

Presented by:

Misty Boldt is a licensed Social Worker for the Elder Abuse Prevention Program (EAPP) at Lifespan. In 2016, she earned the Ursula Forum Domestic Violence Program Employee Fellowship through Office for the Prevention of Domestic Violence. Through this fellowship, Misty has specialized in research, education and direct services in the field of trauma across the lifespan of older adults.

Ms. Boldt has created the Life Event Screening Tool, an instrument designed for professionals to help identify life stressors that have been experienced in the lifespan of an adult as well as single out specific stressors that could contribute to poor health conditions. Combining the use of her new screening tool with the Adverse Childhood Experiences (ACEs) questionnaire and a comprehensive biopsychosocial, Ms. Boldt aims to help older adults find coping strategies for underdiagnosed histories of long-term trauma.

Tuesday, April 24, 2018
10:00 AM—12:00 PM
If you require special accommodations please contact Sally Lewis: slewis@mhaorangeny.com
Or (845) 342-2400 ext 1221

Rehabilitation Support Services
30 Matthews Street, Suite 204
Large Conference Room
Goshen, NY 10924

NYS Continuing Education Hours: 2 Contact Hours
Cost: Free/ $20 for those seeking Contact Hours
For registration: https://bookeo.com/octraumainstitute
For those NOT seeking CE hours, please use the promo code ocrsspromo0424

The GMWA is comprised of representatives from human service and county agencies, individuals who are recipients of services and the community at large. The Alliance is committed to advocating for change in mental health practice and policy to the government, social service, health and community agencies and educational system. The goal of this advocacy is to promote improvement of current mental health services for the aging population in Orange County. To this end, GMWA strives, through their promotion and education, to foster a holistic understanding of mental health wellness that incorporates cognitive, behavioral, physical, emotional and social health.