ADHD: Non-medication Treatments and Skills for Children and Teens

References/Bibliography


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Davidson RJ, Kabat-Zinn J, Schumacher J, Rosenkrantz M, Muller D, Santorelli


Weiss, M., & Salpekar, J. (2010). Sleep problems in the child with attention-deficit hyperactivity disorder. Defining aetiology and appropriate treatments. CNS Drugs,

**Resources**

Children and Adults with Attention deficit/Hyperactivity Disorder
www.chadd.org

Attention Deficit Disorder Association
www.add.org

Neurofeedback practitioners
**EEG Research** (Formerly EEG Spectrum International Inc)
www.eegspectrum.com

**Association for Applied Psychophysiology and Biofeedback, Inc.**
www.aapb.org

**International Society for Neurofeedback and Research**
www.isnr.org

**Low Energy Neurofeedback System**
www.ochslabs.com

Professional associations
**National Association of Social Workers**
http://www.helpstarshere.org/common/search/default.asp

**American Academy of Child and Adolescent Psychiatry**
www.aacap.org/cs/root/child_and_adolescent_psychiatristfinder

**American Psychiatric Association**
http://healthyminds.org/locatepsychiatrist.cfm

**American Academy of Pediatrics**
http://www.aap.org.referral

**American Academy of Neurology**
(800) 879-1960
http://www.thebrainmatters.org/index.cfm?key=1.2.2

**American Medical Association**
800-621-8335
http://www.webapps.ama-assn.org/doctorfinder/home.html

**American Psychological Association**
800-964-2000
http://locator.apa.org/

**American Association of Marriage and Family Therapy**
http://therapistlocator.net/

**National Board for Certified Counselors**
http://www.nbcc.org/counselorfind

**The U.S. Center for Mental Health Services**
800-789-2647
Other Suggested Reading

ADHD


Interactive Metronome

Neurofeedback


**Nutrition**


**Organization**


National Association of Professional Organizers. [http://www.napo.net](http://www.napo.net)

National Study Group on Chronic Disorganization. [http://www.nsgcd.org](http://www.nsgcd.org)

**School Success**


**Sleep**
